

JUNE 2017

Baylor Scott & White Health Waives the Cost of E-Visits in 2017*

E-Visits offers an online diagnosis and treatment service that lets you skip a trip to the doctor's office. If you've seen an E-Visit qualifying provider (a HealthTexas provider in North Texas or a Baylor Scott & White Health provider in Central Texas) in the last 12 months, and just need help with a simple medical condition, an E-Visit may be just right for you. As a Baylor Scott & White Health employee, you and your eligible dependents have access to E-Visits.

In addition to the convenience of avoiding higher-cost office visits and urgent care/ER visits before 8 p.m., use of E-Visits will support our population health strategy by providing access to members for simple medical conditions while at the same time preserving in-office provider appointments for those patients whose conditions may require more focused attention.

Getting started is easy

1. E-Visits can now be accessed from mybswhealth.com or from the MyBSWHealth App.
2. Complete a short online registration process and answer a series of questions about your symptoms.
3. A care team member will review your answers.
4. You will receive your diagnosis and recommended treatment in an online response within an hour (next work day for interviews submitted outside of 8 a.m. and 8 p.m. Central time).
5. When appropriate, the clinician will write a prescription and send it to the pharmacy of your choice.

Conditions treated through E-Visits include:

- acne
- canker or cold sore
- cold
- sinus infection or sore throat
- constipation and/or diarrhea (irritable bowel syndrome)
- female bladder infection (UTI)
- hay fever/allergies
- influenza (the flu)
- influenza prevention
- pink eye (conjunctivitis)
- vaginal yeast infection
- quitting tobacco

Eligible dependents under the age of 18 will automatically be added to the subscriber's account for E-Visits. Dependents who are 18 and over must register for their own account.

To learn more about E-Visits, go to mybswhealth.com.

If you have questions about your eligibility for E-Visits or need technical support, call (855) 760-7625.

For benefit questions, contact Scott and White Health Plan at (844) 843-3229.

**Due to IRS requirements, HSA plan members must meet their calendar year deductible before E-Visit costs are waived.*

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